

A document theme is applied

The title slide is created with appropriate text

A picture is inserted to create a background on Slide 1



Yoga and Meditation

Unify Your Mind,
Body,
and Spirit

A transition is applied to all the slides

File is submitted in format specified by the instructor

The document properties are changed

File is saved as "Yoga"

Slide 2 is created with appropriate text and layout

The color scheme is changed for the presentation

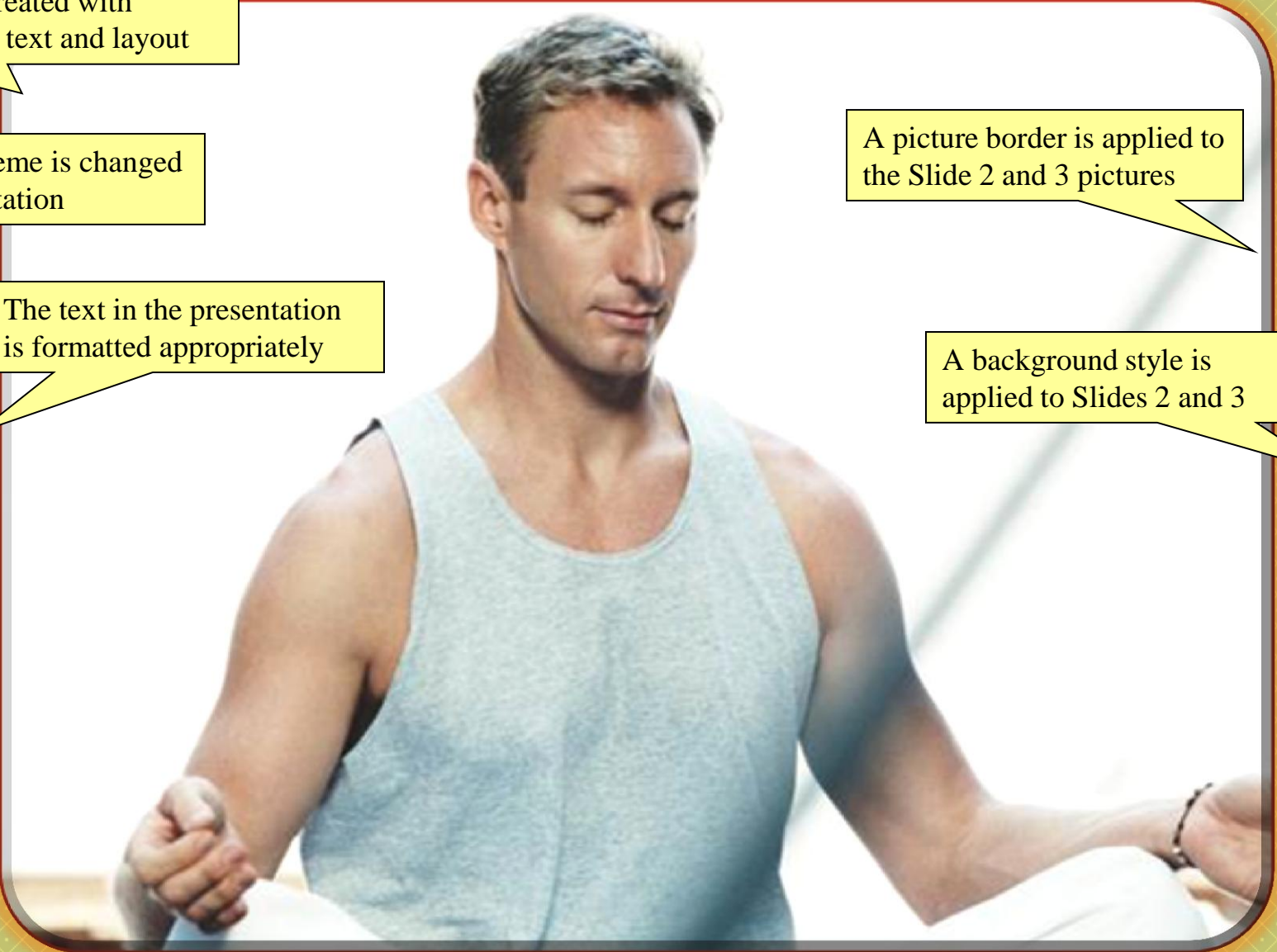
The text in the presentation is formatted appropriately

A picture border is applied to the Slide 2 and 3 pictures

A background style is applied to Slides 2 and 3

RELAX AND RESTORE

Calm the mind and boost oxygen levels in the brain.



STRENGTHEN BODY

Increase flexibility
and tone muscles.

Slide 3 is created with
appropriate text and layout

Picture styles are applied to
Slide 2, 3, and 4 pictures

Picture effects are applied to
the photos on Slides 2 and 3

Picture effects are applied to
the photos on Slides 2 and 3



Slide 4 is created with appropriate text and layout

Pictures are inserted and formatted

Pictures on Slides 3 and 4 are resized

Shapes are added to Slides 1 and 4 and formatted

WordArt is added to Slide 4 and formatted



The brightness and contrast of the photograph on Slide 4 are changed



Balance

A texture fill is inserted on Slide 4